

Fact Sheet

NC Medicaid

Standard Plan and Behavioral Health I/DD Tailored Plan Behavioral Health Services

County Playbook: NC Medicaid Managed Care

Within NC Medicaid Managed Care, there are **Standard Plans** (plans that offer integrated physical and behavioral health services) and **Behavioral Health I/DD Tailored Plans** (specialized plans that offer integrated physical and behavioral health services for members with significant behavioral health needs, intellectual/developmental disabilities (I/DD), and traumatic brain injury (TBI)). Behavioral Health I/DD Tailored Plans are expected to launch July 1, 2022.

Those who are eligible for Behavioral Health I/DD Tailored Plan services have been identified and reflected in NC FAST in the “Managed Care Status” field. Identification for Behavioral Health I/DD Tailored Plans will be ongoing, and beneficiary records will be updated accordingly. Most of these beneficiaries are exempt from NC Medicaid Managed Care until Behavioral Health I/DD Tailored Plans launch in 2022. They will remain in NC Medicaid Direct unless they choose a Standard Plan.

Standard Plans cover some basic behavioral health services, but Behavioral Health I/DD Tailored Plans offer enhanced behavioral health, I/DD and TBI services for their members. The table below shows the services that are covered by Standard Plans and Behavioral Health I/DD Tailored Plans. Please refer to the [Behavioral Health I/DD Tailored Plan Memo](#) for additional information.

Behavioral Health Services	
<i>Enhanced behavioral health services are italicized</i>	
Standard Plans AND Behavioral Health I/DD Tailored Plans	Behavioral Health I/DD Tailored Plans ONLY
State Plan BH and I/DD Services <ul style="list-style-type: none">• Inpatient behavioral health services• Outpatient behavioral health emergency room services• Outpatient behavioral health service provided by direct-enrolled providers• Peer support services (upon approval of State Plan Amendment 19-066 by CMS)• <i>Partial hospitalization</i>• <i>Mobile crisis management</i>	State Plan BH and I/DD Services <ul style="list-style-type: none">• Residential treatment facility services• <i>Child and adolescent day treatment services</i>• <i>Intensive in-home services</i>• <i>Multi-systemic therapy services</i>• <i>Psychiatric residential treatment facilities (PRTFs)</i>• <i>Assertive community treatment (ACT)</i>• <i>Community support team (CST)</i>• <i>Psychosocial rehabilitation</i>



Behavioral Health Services <i>Enhanced behavioral health services are italicized</i>	
Standard Plans AND Behavioral Health I/DD Tailored Plans	Behavioral Health I/DD Tailored Plans ONLY
<ul style="list-style-type: none"> • <i>Facility-based crisis services for children and adolescents</i> • <i>Professional treatment services in facility-based crisis program</i> • <i>Outpatient opioid treatment</i> • <i>Ambulatory detoxification</i> • <i>Research-based behavioral health treatment</i> • <i>Diagnostic assessments</i> • <i>Non-hospital medical detoxification</i> • <i>Medically supervised or alcohol and drug abuse treatment center (ADATC) detoxification crisis stabilization</i> <p>Early Periodic Screening, Diagnostic and Treatment (EPSDT)</p>	<ul style="list-style-type: none"> • <i>Substance abuse intensive outpatient program (SAIOP)</i> • <i>Substance abuse comprehensive outpatient treatment program (SACOT)</i> • <i>Substance use non-medical community residential treatment</i> • <i>Substance use medically monitored residential treatment</i> • Intermediate care facilities for individuals with intellectual disabilities (ICF/IID) <p>Waiver Services</p> <ul style="list-style-type: none"> • Innovations waiver services • TBI waiver services • 1915(b)(3) services – additional support services that focus on helping beneficiaries remain in their homes and communities <p>State-Funded BH and I/DD Services State-Funded TBI Services</p>

Fact Sheets will be updated periodically with new information. Created 3/23/2021.
For more information, please visit <https://www.medicaid.ncdhhs.gov/transformation>.